# Effects of Radiofrequency Catheter Ablation for Atrial Fibrillation on Right Ventricular Function

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### Introduction

- Radiofrequency catheter ablation (RFCA) is an effective treatment option for atrial fibrillation (AF).
- RFCA for AF improves left ventricular (LV) ejection fraction
  (LVEF) in patients with heart failure after successful restoration of sinus rhythm.
- However, the effects of RFCA for AF on right ventricular (RV) function are not well known.

# Introduction

■This study aimed to compare the changes in fractional area change (FAC), RV free-wall longitudinal strain (RVFWSL), and RV 4-chamber strain (RV4CSL) before and after RFCA among paroxysmal (PAF), persistent (PeAF), and long-standing persistent AF (LSPeAF) groups.

# **Methods**

- Inclusion criteria
  - 1) age ≥ 19 years
  - 2) patients who underwent RFCA for AF
  - 3) patients who underwent echocardiography before and after RFCA.
- Exclusion criteria
  - 1) patients with complex congenital heart disease
  - those who did not undergo pre- or post-echocardiography

# **Methods**

Patients who underwent RFCA for AF and underwent pre- and post-procedural echocardiography were enrolled consecutively.

### ■RFCA for AF

- All patients underwent pulmonary vein isolation and cavotricuspid isthmus block.
- In patient with PeAF or LSPeAF, we additionally conducted electrical isolation of the posterior wall isolation, anterior line, perimitral line, or non-pulmonary vein trigger ablation at the operator's discretion.

### **Methods**

- Fractional area change (FAC), RV free-wall longitudinal strain (RVFWSL), and RV 4-chamber strain (RV4CSL) were measured at the RV-focused apical 4-chamber view.
- Commercially available, vendor-independent analysis software (TomTec Imaging System, Munich, Germany) was used to measure RV longitudinal strain by two independent cardiologists blinded to participants' clinical information.
- FAC ≥ 35%, RV4CSL ≤ -17.0%, and RVFWLS ≤ -19.0% were considered as normal RV function.

# Results

- A total of 164 participants (74 PAF, 47 PeAF, and 43 LSPeAF; age, 60.8 ± 9.8 years; men, 74.4%) was enrolled.
- The patients with PeAF and LSPeAF had worse RV4CSL (p<0.001) and RVFWSL (p<0.001) than those with PAF and reference values.

# Results; Baselines Characteristics

	PAF	PeAF	LSPeAF	p-value
	(N=74)	(N=47)	(N=43)	p-value
Age, years	59.7 ± 10.8	62.2 ± 9.1	61.3 ± 8.6	0.377
Female sex, n (%)	26 (35.1) <sub>a</sub>	7 (14.9) <sub>b</sub>	9 (20.9) <sub>a.b</sub>	0.033
Systolic BP, mmHg	125.6 ± 15.2	124.3 ± 14.9	129.9 ± 18.9	0.237
Diastolic BP, mmHg	73.4 ± 11.8 <sub>a</sub>	77.2 ± 12.9 <sub>a.b</sub>	81.0 ± 15.8 <sub>b</sub>	0.013
Body mass index, kg/m <sup>2</sup>	25.1 ± 2.9	$26.5 \pm 3.4$	93.4 ± 443.2	0.244
Underlying disease, n(%)				
Hypertension	42 (56.8)	27 (57.4)	29 (67.4)	0.487
Diabetes mellitus	10 (13.5) <sub>a</sub>	12 (25.5) <sub>a b</sub>	19 (44.2) <sub>b</sub>	0.001
Chronic kidney disease	3 (4.1)	6 (12.8)	5 (11.6)	0.173
Vascular disease	8 (10.8)	6 (12.8)	2 (4.7)	0.397
Heart failure	10 (13.5) <sub>a</sub>	31 (66.0) <sub>b</sub>	26 (60.5) <sub>b</sub>	<0.001
Stroke or TIA	4 (5.4) <sub>a</sub>	7 (14.9) <sub>a.b</sub>	9 (20.9) <sub>b</sub>	0.037
CHA <sub>2</sub> DS <sub>2</sub> -VASc score	1.9 ± 1.4	1.9 ± 1.7	2.4 ± 1.7	0.209
Laboratory findings				
Hemoglobin, g/dL	14.2 [13.0–15.2]	14.7 [13.8–15.6]	14.8 [13.6–15.9]	0.202
eGFR, mL/min/1.73m <sup>2</sup>	87.7 [72.5–102.3] <sub>a</sub>	80.3 [73.2–91.2] <sub>a.b</sub>	81.7 [66.6–89.7] <sub>b</sub>	0.022
NT-proBNP, pg/mL	487.4 [164.0–669.6] <sub>a</sub>	702.0 [438.6–995.5] <sub>b</sub>	662.7 [374.5–2104.5] <sub>b</sub>	0.002

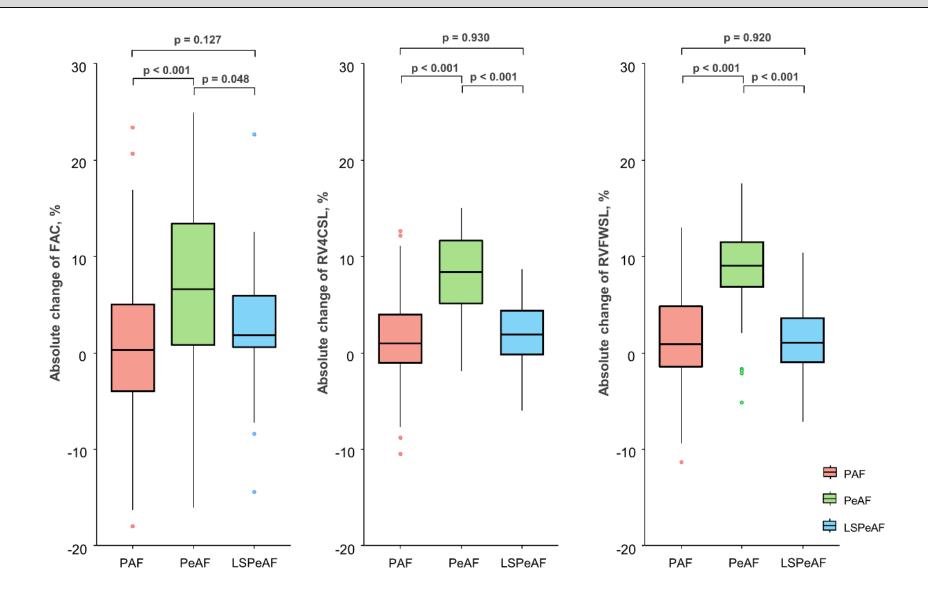
# Results; Echocardiographic Data

	PAF	PeAF	LSPeAF	n valua
	(N=74)	(N=47)	(N=43)	p-value
ΔLVEF, %	0.0 [-2.0–5.0]	3.0 [-1.5–10.5]	2.0 [-0.5–8.0]	0.118
ΔLAVI, mL/m <sup>2</sup>	-1.1 [-8.0–3.4]	-4.8 [-8.3–1.0]	-1.9 [-8.1–2.0]	0.249
FAC, %	42.9 [38.3–48.0]	36.6 [28.8–41.1]	36.4 [29.4–43.0]	<0.001
RV4CSL, %	23.2 [19.6–25.8]	12.3 [10.2–15.2]	13.7 [10.9–15.8]	<0.001
RVFWSL, %	25.2 [21.4–29.5]	13.9 [12.0–16.6]	15.5 [12.6–18.5]	<0.001
ΔFAC, %	0.3 [-4.0–5.1] <sub>a</sub>	6.6 [ 0.7–13.7] <sub>b</sub>	1.8 [ 0.6–5.9] <sub>a.b</sub>	<0.001
ΔRV4CSL, %	1.0 [-1.0–4.1] <sub>a</sub>	8.4 [5.1–11.6] <sub>b</sub>	1.9 [-0.2–4.4] <sub>a</sub>	<0.001
ΔRVFWSL, %	0.9 [-1.4–4.9] <sub>a</sub>	9.0 [ 6.9–11.5] <sub>b</sub>	1.0 [-1.0–3.6] <sub>a</sub>	<0.001
Improved FAC, n (%)	7 (9.5) <sub>a</sub>	14 (29.8) <sub>b</sub>	8 (18.6) <sub>a,b</sub>	0.017
improved RV4CSL, n (%)	10 (13.5) <sub>a</sub>	34 (72.3) <sub>b</sub>	11 (25.6) <sub>a</sub>	<0.001
improved RVFWSL, n (%)	10 (13.5) <sub>a</sub>	34 (72.3) <sub>b</sub>	8 (18.6)	<0.001

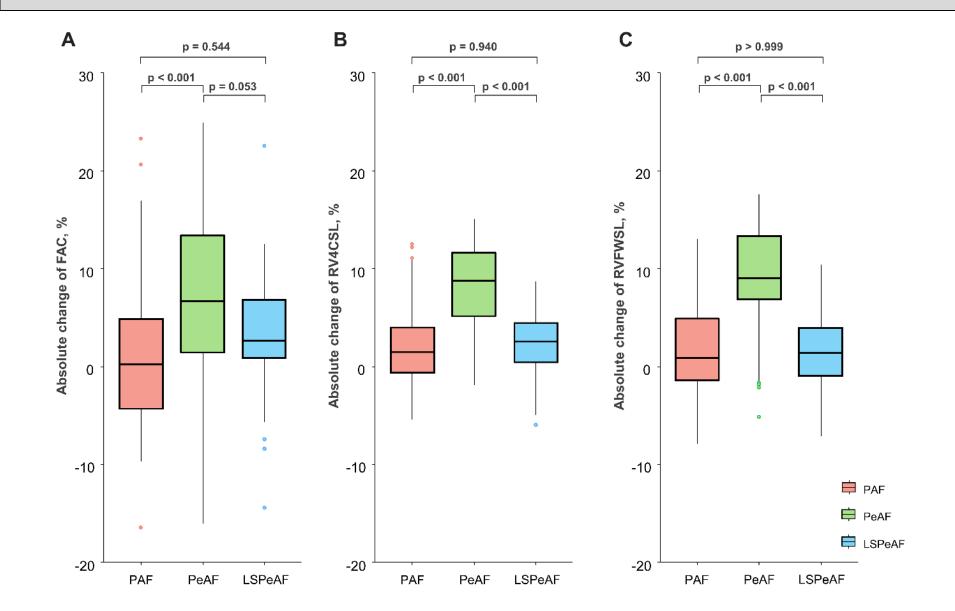
### **Echocardiographic Data of Patients without Recurrence**

	PAF (N=62)	PeAF (N=37)	LSPeAF (N=29)	p-value
Δ LAVI, mL/m <sup>2</sup>	-1.8 [-8.1–3.0]	-5.3 [-9.70.4]	-4.0 [-11.9–1.6]	0.194
ΔLVEF, %	0.0 [-2.0–5.0]	3.0 [-3.0–11.0]	4.0 [1.0–9.0]	0.071
ΔFAC, %	1.1 [-3.3–5.3] <sub>a</sub>	7.9 [1.5–15.2] <sub>b</sub>	1.6 [0.7–5.9] <sub>a.b</sub>	0.002
ΔRV4CSL, %	1.5 [-0.6–4.1] <sub>a</sub>	8.8 [5.2–11.6] <sub>b</sub>	2.6 [0.4–4.4] <sub>a</sub>	<0.001
ΔRVFWSL, %	1.1 [-1.3–4.9] <sub>a</sub>	9.2 [ 7.3–13.3] <sub>b</sub>	1.4 [-0.8–4.0] <sub>a</sub>	<0.001
improved FAC, n (%)	6 (9.7) <sub>a</sub>	12 (32.4) <sub>b</sub>	5 (17.2) <sub>a,b</sub>	0.017
improved RV4CSL, n (%)	9 (14.5) <sub>a</sub>	28 (75.7) <sub>b</sub>	9 (31.0) <sub>a</sub>	<0.001
improved RVFWSL, n (%)	7 (11.3) <sub>a</sub>	27 (73.0) <sub>b</sub>	6 (20.7) <sub>a</sub>	<0.001

# Results; RV Function in Total Patients



### Results; RV Function in Patients without Recurrence



# **Summary**

- Improvement in RVFWSL and RV4CSL after RFCA were significant in the PeAF group compared with the PAF and LSPeAF groups.
- ■In patients without recurrence, improvement in RVFWSL and RV4CSL after RFCA were significant in the PeAF group compared to the LSPeAF group.

# **Study Limitations**

- The baseline characteristics were different among the groups.
- Heart rhythm on echocardiography could differ before and after RFCA.
- The time interval from RFCA to RV function analysis was not consistent across the groups.

# Conclusions

- RV systolic function is impaired in patients with PeAF and LSPeAF.
- ■RV systolic function is improved larger after RFCA in patients with PeAF than in those with PAF or LSPeAF.

# Thank you

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